# Learn to swim timetable

Term One 2025

#### **FRIDAY**

\$130
3.45–4.15pm
4.15–4.45pm
4.45–5.15pm
4.45–5.30pm
5.15–5.45pm
5.30–6.15pm

#### **SATURDAY**

SATURDAY	
10 lessons: 8 February-12 April	\$130
Beginner, Advanced Beginner, Learner	8–8.30am
Preschooler, Advanced Beginner, Advanced Learner	8.30–9am
Waterbabies, Preschooler, Advanced Preschooler	9–9.30am
Confidence, Beginner, Toddlers	9.30–10am
Beginner Preschooler, Preschooler, Beginner	10–10.30am

#### SUNDAY

10 lessons: 9 February-13 April	\$130
Advanced Preschool, Advanced Learner	8.30–9am
Beginner, Confidence	9–9.30am
Beginner, Advanced Beginner	9.30–10am
Preschooler, Learner	10–10.30am

Todd Energy Aquatic Centre Swim School reserves the right to change the instructor if the need arises.

If you have children under eight years attending lessons please DO NOT leave the pool surrounds. Our programme never replaces a parent's vigilance when it comes to children's safety in and around water.

Children under the age of eight must be actively supervised by a caregiver over the age of 16 years.



Visit www.npdc.govt.nz/learntoswim for information on prices, programmes and membership Phone: 06-759 6060



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## Swimming is an asset

Learning to swim has obvious benefits. Did you know it also enhances the social, emotional and physical well-being of your child? Feel comfortable in the knowledge your child will build self esteem while learning essential water survival skills.

### Get the most out of swim lessons!

Swimming, like any other physical activity, is based on development levels. Consider swimming yearround to optimise development skills.

Lessons run for 25 minutes.

#### **ADULT LESSONS**

TUESDAY - 10 lessons (4 February-8 April)		\$145
Adult Beginner	10–10	0.30am
WEDNESDAY - 10 lessons (5 February-9 April) \$14		\$145
Adult Intermediate	5.3	0–6pm
Adult Beginner	5.45-6	6.15pm

Our Swim School does not operate on a roll-over system, therefore you will need to re-enrol each term.

One-on-one private lessons available \$40 per half hour.

Discounts apply for community services card holders.

Enquiries at reception or the swim office 06-759 6060 swim.school@npdc.govt.nz

#### **BABY AND SCHOOL AGE LESSONS**

MONDAY 9 lessons: 3 February-7 April No lessons 10 March	\$117
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45–4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15–4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45–5.15pm
Development Squad	4.45–5.30pm
Preschooler, Beginner, Advanced Beginner, Learner	5.15–5.45pm

#### **TUESDAY**

10 lessons: 4 February-8 April	\$130
Beginner Preschooler	10.30–11am
Preschooler	11–11.30am
Advanced Preschooler	11.30am-noon
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45–4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15–4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45–5.15pm
Development Squad	4.45–5.30pm
Confidence, Beginner, Advanced Beginner, Learner	5.15–5.45pm

#### WEDNESDAY

10 lessons: 5 February-9 April	\$130
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45–4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15–4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45–5.15pm
Development Squad	4.45–5.30pm
Preschooler, Beginner, Advanced Beginner, Learner	5.15–5.45pm

#### **THURSDAY**

9 lessons: 13 February-10 April No lessons 6 February	\$117
Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner	3.45–4.15pm
Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner	4.15–4.45pm
Advanced Preschooler, Beginner, Advanced Beginner, Learner	4.45–5.15pm
Development Squad	4.45–5.30pm
Confidence, Beginner, Advanced Beginner, Beginner 9–16 years	5.15–5.45pm
Development Squad	5.30–6.15pm