

Learn to swim timetable

Term Three 2024

FRIDAY

10 lessons: 26 July–27 September \$130

Preschooler, Beginner, Advanced Beginner, Learner, Advanced Learner **3.45–4.15pm**

Confidence, Beginner, Advanced Beginner, Learner, Advanced Learner **4.15–4.45pm**

Advanced Preschooler, Beginner, Advanced Beginner, Learner **4.45–5.15pm**

Development Squad **4.45–5.30pm**

Preschooler, Beginner, Advanced Beginner, Beginner 9–16 years **5.15–5.45pm**

Development Squad **5.30–6.15pm**

SATURDAY

10 lessons: 27 July–28 September \$130

Beginner, Advanced Beginner, Learner **8–8.30am**

Preschooler, Advanced Beginner, Advanced Learner **8.30–9am**

Waterbabies, Preschooler, Advanced Preschooler **9–9.30am**

Confidence, Beginner, Toddlers **9.30–10am**

Beginner Preschooler, Preschooler, Beginner **10–10.30am**

SUNDAY

10 lessons: 28 July–29 September \$130

Advanced Beginner, Learner **8–8.30am**

Advanced Preschool, Advanced Learner **8.30–9am**

Beginner, Confidence **9–9.30am**

Beginner, Advanced Beginner **9.30–10am**

Preschooler, Learner **10–10.30am**

Todd Energy Aquatic Centre Swim School reserves the right to change the instructor if the need arises.

If you have children under eight years attending lessons please DO NOT leave the pool surrounds. Our programme never replaces a parent's vigilance when it comes to children's safety in and around water.

Children under the age of eight must be actively supervised by a caregiver over the age of 16 years.



Visit www.npdc.govt.nz/learntoswim for information on prices, programmes and membership
Phone: 06-759 6060



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Swimming is an asset

Learning to swim has obvious benefits. Did you know it also enhances the social, emotional and physical well-being of your child? Feel comfortable in the knowledge your child will build self esteem while learning essential water survival skills.

Get the most out of swim lessons!

Swimming, like any other physical activity, is based on development levels. Consider swimming year-round to optimise development skills.

Lessons run for 25 minutes.

ADULT LESSONS

TUESDAY - 10 lessons (23 July–24 September) \$145

Adult Beginner 10–10.30am

WEDNESDAY - 10 lessons (24 July–25 September) \$145

Adult Intermediate 5.30–6pm

Adult Beginner 5.45–6.15pm

Our Swim School does not operate on a roll-over system, therefore you will need to re-enrol each term.

One-on-one private lessons available \$40 per half hour.

Discounts apply for community services card holders.

**Enquiries at reception or the swim office
06-759 6060
swim.school@npdc.govt.nz**

MONDAY

10 lessons: 22 July–23 September \$130

Preschooler, Beginner, Advanced 3.45–4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15–4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45–5.15pm
Advanced Beginner, Learner

Development Squad 4.45–5.30pm

Preschooler, Beginner, Advanced 5.15–5.45pm
Beginner, Learner

TUESDAY

10 lessons: 23 July–24 September \$130

Beginner Preschooler 10.30–11am

Preschooler 11–11.30am

Preschooler 11.30am–noon

Preschooler, Beginner, Advanced 3.45–4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15–4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45–5.15pm
Advanced Beginner, Learner

Development Squad 4.45–5.30pm

Confidence, Beginner, Advanced 5.15–5.45pm
Beginner, Learner

WEDNESDAY

10 lessons: 24 July–25 September \$130

Preschooler, Beginner, Advanced 3.45–4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15–4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45–5.15pm
Advanced Beginner, Learner

Development Squad 4.45–5.30pm

Preschooler, Beginner, Advanced 5.15–5.45pm
Beginner, Learner

THURSDAY

10 lessons: 25 July–26 September \$130

Preschooler, Beginner, Advanced 3.45–4.15pm
Beginner, Learner, Advanced Learner

Confidence, Beginner, Advanced 4.15–4.45pm
Beginner, Learner, Advanced Learner

Advanced Preschooler, Beginner, 4.45–5.15pm
Advanced Beginner, Learner

Development Squad 4.45–5.30pm

Confidence, Beginner, Advanced 5.15–5.45pm
Beginner, Beginner 9–16 years

Development Squad 5.30–6.15pm